

RISE International—July 2007 Workshop Summary

Workshop Title	Presenters
AIDS Education	Mitch Bergeson, Rachel Cole
Conflict Resolution, Anger Management, Special Needs	Eliot Andre, Meg McGuinness, Mollye Moore
Basics of Health and Nutrition, Disease Prevention	Susie Thorngren
Building Community in Your “Classroom”	Ben Babbitt, Al Ross
Cooperative Learning	Mary Ellen Daneels, Sue Ekstrom
Early Foundations of Reading and Writing	Larissa Mulholland
Fostering Learning: Teaching the Way Young Children Learn	Larissa Mulholland
Laws of Leadership	Mary Ellen Daneels
Team Building and Group Dynamics	Eliot Andre, Ben Babbitt, Al Ross

In addition to the workshops above

Building schools	Team
Micro Finance Pilot	Doug Bergeson
Schools for Angola--Strategy, assessment, implementation	Doug Bergeson, Lynn Cole, Nate Kaiser
Video and Photo Projects	Nate Kaiser, Meghan McGuinness

AIDS Education

Content:

This workshop will provide basic information about HIV/AIDS with an emphasis on prevention.

Objectives:

- To provide basic understanding of HIV/AIDS
- To help participants know how to protect themselves and their families from HIV/AIDS
- To equip participants to teach others and be motivated to help stop the spread of HIV/AIDS in Angola

Participants: Teachers, church and community leaders, young people, open to all

Presenters: Mitch Bergeson, Rachel Cole

Conflict Resolution, Anger Management, Special Needs

Content:

This workshop will contain information that will be helpful for children to learn effective anger management strategies and conflict resolution skills. This will include lecture and hands-on group activities.

Objectives:

- *Anger Management:* To give participants teaching of the skills necessary to manage anger. When supplied, children are better able to feel anger comfortably and to express it appropriately.
 - Specifically aimed at:
 - Helping children to become aware of when they are in the early stages of anger
 - Help them distinguish between emotions and behavior
 - Learn alternatives to physical and verbal violence and express themselves positively and assertively.
- *Conflict Resolution:* Aimed at training people to respond effectively to conflict and preventing harm that results from emotions that have gotten out of control.
 - Teaching children and adults to react in ways that promote peace, respect, understanding and communication.
- *Working with Emotionally and Behaviorally Challenged Students*

Participants: Teachers, parents, church and community leaders (anyone who is in daily contact with children)

Presenters: Mollye Moore, Eliot Andre, Meghan McGuinness

Basics of Health and Nutrition, Disease Prevention

Content:

Participants will gain a basic understanding of daily nutritional needs including the six nutrients (three energy and three essential nutrients), needed for proper growth and development and disease prevention.

Participants will also understand the importance of personal hygiene and proper food handling in disease prevention.

Objectives:

- Recognize participants for being interested in this important topic.
- Reinforce the importance of eating a variety of foods whenever possible.
- Discuss the connection between proper nutrition, disease prevention and improved learning.
- Introduce the three components of the health triangle (physical, mental/emotional and social health).
- Emphasize importance of boiling water to eliminate bacteria and microorganisms that cause disease.
- Explain human needs for hydration.
- Share information regarding hand washing and food handling techniques using clean, boiled water.
- Discuss six basic nutrients with worksheet.
- Encourage exercise in the form of play, games and creativity for proper development in all three health areas.
- Integrate visual aids to improve retention of content covered in workshop.
- Make connection between proper nutrition and a healthy pregnancy--including iron, vitamin A, and folic acid (green leafy vegetables and cereal) in the diet.
- Discuss the symptoms and prevention of malaria and cholera.
- List recommended food and drinks for those suffering from diarrhea.

Participants: Teachers, parents and students who are interested in sharing information about nutrition as it pertains to learning and better physical, emotional/spiritual, and mental health.

Presenters: Susie Thorngren

Building Community in your “Classroom”

Content:

Participants will engage in several activities which will help them discuss the factors that contribute to effective communities while identifying forces that often disrupt, interfere with and destroy peoples’ sense of community. The workshop will end with the creation of an agreement which asks for commitment from all to enhance their communities in an active way. We will also talk about how these activities could be used in their classrooms, meetings, churches, leading to similar discussions and commitments from their students in terms of actively building and contributing positively to their own communities.

Objectives:

- Help students appreciate the importance of being an active member of a larger community.
- Identify and explore forces which act to create and maintain healthy communities as well as looking at those forces which are acting in ways to destroy community.
- Help teachers learn how they create this kind of awareness in their classrooms in their own communities. We will also see how this process might be useful to combating social factors like substance abuse, crime, violence, etc.

Participants: Teachers, administrators, community leaders, community members

Presenters: Al Ross, Ben Babbitt

Cooperative Learning

Content:

The benefits and philosophy of cooperative learning will be discussed as they pertain to the various challenges posed in mixed classrooms/organizations. In addition, particular structures will be modeled and processed by participants as to how they can be incorporated into various institutions.

Objectives:

Participants will...

- Understand the philosophy and principles of cooperative learning.
- Analyze how cooperative learning can address some of the challenges of a diverse classroom including varying grade levels, special education students, discipline, evaluation of student progress, and multiple intelligences.
- Participate and evaluate a number of cooperative learning structures they can implement in the classroom in all disciplines.
- Practice cooperative learning structures using health related issues.

Participants: Educators, community leaders

Presenters: Mary Ellen Daneels, Susan Ekstrom

Early Foundations of Reading and Writing

Content:

This workshop will help teachers and parents establish quality early practices by exploring interactions, environmental factors, reading, writing and language behaviors and activities that support literacy development.

Objectives:

Teachers and parents will

- recognize the early predictors of successful literacy and the foundational building blocks of literacy (language, drawing, play, reading, early experiences with writing and reading)
- learn different strategies/roles adults play in supporting early learning
- become familiar with developmental continuum of reading and writing development
- examine how environment and relationships can support literacy
- understand meaning making and letter knowledge as distinct components of literacy development
- learn techniques and practices to foster early literacy development

Participants: Educators, community leaders, parents

Presenter: Larissa Mulholland

Fostering Learning: Teaching the Way Young Children Learn**Content:**

This workshop will help teachers understand how to plan for developmentally appropriate teaching, in particular, how to make lessons more sensory, experiential, interactive and connected to prior knowledge.

Objectives:

Teachers and parents will:

- understand that children develop at different rates along a continuum
- examine their goals in early education in the context of child development
- look at how to use environment, relationships and interaction to support learning
- understand how to use prior knowledge and experience in constructing understanding
- learn techniques for active, authentic learning activities
- learn ways to address different learning styles

Participants: Educators

Presenter: Larissa Mulholland

Laws of Leadership**Content:**

The attributes and habits of effective leaders will be discussed and analyzed through hands-on activities and stories from the presenter's personal experiences. Material from John C. Maxwell's *21 Irrefutable Laws of Leadership* will be utilized.

Objectives:

Participants will:

- Learn and analyze the laws of effective leadership.
- Analyze their own strengths as leaders, and areas of improvement.
- Devise a plan to incorporate these leadership skills to their own lives.
- Experience and evaluate a number of organizational structures that can be used to build consensus and empower individuals in a variety of organizations, both civic and educational.

Participants: Educational and community leaders; especially women

Presenter: Mary Ellen Daneels.

Team Building and Group Dynamics**Content:**

- Team building games that emphasize group cooperation, getting to know one another and group dynamics
- Focus on problem solving activities to both large and small groups
- Group discussion of process and benefits

Objectives:

- Allow Angolans and Americans to participate together and break down barriers
- Focus on what it takes to solve a simple problem
- Learn to process and use activities
- Understand and improve group process and communication

Participants: Educators, community leaders

Presenters: Al Ross, Eliot Andre, Ben Babbitt